



... there is a copy of my brother inside his chest ...

...it is the first time I've seen my brother cry ...

... I am scared of catching his sadness ...

All of a sudden I understand. My real brother is this little one, the one who's crying. A shell has grown out all around him, like armour, and walled up the real Ethan.

ART AND EMOTIONS :

DRAW ETHAN WITH LITTLE ETHAN INSIDE HIS RIBCAGE

Lenny ... there is a copy of Ethan inside his chest...
A copy of himself.

His double is quite small, sitting, arms round his half bent legs and he is crying... It is the first time I have seen my brother cry. He cries like a baby, ceaselessly: his sobs are shaking his whole body ...his pain seems infinite. It's annoying. I will not be able to tear out his heart, the real one, the big one, without moving aside that miniature copy of my brother. And I don't dare to, I am scared of catching his sadness.

Lenny Ethan

Little Ethan Mum? I'm hungry!

Lenny Are you alright Ethan?

Ethan Lenny ? Is that you? I'm hungry, I'm cold. No one makes me anything to eat. No one comes to shelter me. Lenny? We ought to tear the door off so Mum can't lock us out. If I sell enough chocolate I'm going to buy my own house, a house with no doors. Got to go and sell chocolate but I feel ill, I don't know what's wrong with me...

Lenny All of a sudden, I understand. My real brother is this little one, the one who's crying. A shell has grown out all around him, like armour, and walled up the real Ethan. I've got nothing more I can steal from him. All I can do is call an ambulance.



I am so small and miserable they call me Lenny Nil Nil.
But I am here to grow up.

I want to be a train.
I want to be a train.
I want to be a train.

SPEAKING AND LISTENING EXERCISE : EXPLORING FEELINGS

IF YOU WANTED TO BE SOMETHING ELSE WHAT WOULD YOU BE?

LENNY SAYS 'I WANT TO BE A TRAIN'

A train is strong, fast and unbreakable.

Lenny is small, miserable and bullied. He wants to change and become more powerful. He learns that he can become stronger by changing how he feels on the inside, changing his feelings.

IF YOU WANTED TO BE SOMETHING ELSE WHAT WOULD IT BE?
HOW WOULD IT CHANGE HOW YOU FEEL ?

I want to be

Then I would feel

- o make a circle of chairs
- o place one chair in the centre
- o the rule is: the chair must never be empty
- o one person at a time sits on the chair
- o they say ' I want to be a Then I would feel
- they then leave the chair and someone else sits and speaks

This exercise could be used to explore emotions. If you feel timid to visualise yourself as having the qualities of a brave lion may be empowering. Lenny deals with the chaos and difficulties of 'being different' by wishing he was a train.